



## WEEK 3



### Monday

Dish of the day  
Cumberland Pork Sausages or  
Vegetarian Sausages  
(contains gluten)

Vegetarian option  
Vegetable Chilli  
served with Rice

Sides  
Jacket Potatoes  
Baked Beans  
Garden Peas

Snack Choice  
Pasta Dish Of The Day  
( contains gluten)

Daily Salad Bar

Dessert  
Angel Delight  
( contains dairy and gluten)  
Fresh Fruit  
Fruit Salad  
Yoghurt

### Tuesday

Dish of the day  
Creamy Turkey, Leek, Pepper  
and Pasta Bake  
( contains dairy and gluten )

Vegetarian option  
Vegetable Pilaff

Sides  
Carrots  
Broccoli Florets

Snack Choice  
Jacket Potatoes with  
Baked Beans

Daily Salad Bar

Dessert  
Lemon Drizzle Cake  
( contains eggs and gluten)  
Fresh Fruit  
Fruit Salad  
Yoghurt

### Wednesday

Dish of the day  
Crispy Breaded Chicken  
(contains dairy and gluten)

Vegetarian option  
Cheese and Tomato Puff  
Parcels  
(contains dairy and gluten)

Sides  
Potatoes Wedges  
Sweetcorn  
Spaghetti Hoops

Snack Choice  
Pasta Dish Of The Day  
( contains gluten)

Daily Salad Bar

Dessert  
Frozen Yoghurt dessert  
( contains dairy)  
Fresh Fruit  
Fruit Salad  
Yoghurt

### Thursday

Dish of the day  
Roast Gammon served with  
Pineapple and Gravy  
(Gravy contains gluten)

Vegetarian option  
Spinach and Ricotta  
Lasagne  
( contains dairy and gluten)

Sides  
Roast Potatoes  
Floret Medley  
Carrots

Snack Choice  
Jacket Potatoes with  
Baked Beans

Daily Salad Bar

Dessert  
Pears with Hot chocolate Sauce  
( contains dairy )  
Fresh Fruit  
Fruit Salad  
Yoghurt

### Friday

Dish of the day  
Cheese and Tomato or Meat  
Feast Pizza  
( contains dairy and gluten )

Alternative option  
Green Thai Chicken Curry  
served with Rice  
( contains dairy and gluten)

Sides  
Chips  
Baked Beans  
Sweetcorn

Snack Choice  
Pasta Dish Of The Day  
( contains gluten)

Daily Salad Bar

Dessert  
Jelly  
Fresh Fruit  
Fruit Salad  
Yoghurt