



WEEK 1



Monday

Dish of the day  
Creamy Chicken Curry  
with Rice

Vegetarian option  
Cheesy Leek and Potato Bake  
( contains dairy and gluten)

Sides  
Naan Bread  
( contains gluten )  
Vegetable Medley

Snack Choice  
Pasta Dish Of The Day  
( contains gluten)

Daily Salad Bar

Dessert  
Jelly

Fresh Fruit  
Fruit Salad  
Yoghurt

Tuesday

Dish of the day  
Minced Beef Bolognese served  
with Pasta  
( pasta contains gluten)

Vegetarian option  
Roasted Vegetable Quiche  
(contains dairy, eggs and  
gluten)

Sides  
Sweetcorn  
Broccoli

Snack Choice  
Jacket Potatoes with  
Baked Beans

Daily Salad Bar

Dessert  
Fruit Crumble with Custard  
( contains dairy and gluten)

Fresh Fruit  
Fruit Salad  
Yoghurt

Wednesday

Dish of the day  
Cumberland Pork or Vegetarian  
Sausages with Gravy  
( contains gluten)

Vegetarian Option  
Oriental Vegetable and Noodle  
Stirfry  
( contains gluten)

Sides  
Carrots  
Garden Peas  
Mashed Potatoes

Snack Choice  
Pasta Dish Of The Day  
( contains gluten)

Daily Salad Bar

Dessert  
Creamy Rice Pudding  
served with Jam  
( contains dairy )  
Fresh Fruit  
Fruit Salad  
Yoghurt

Thursday

Dish of the day  
Roast Chicken served with  
Stuffing and Tasty Gravy  
( stuffing contains gluten)

Vegetarian option  
Cauliflower and Broccoli  
Cheese  
( contains dairy and gluten)

Sides  
Roast Potatoes  
Green Beans  
Vegetable Medley

Snack Choice  
Jacket Potatoes with  
Baked Beans

Daily Salad Bar

Dessert  
Frosted Red Velvet Cake  
(contains dairy, eggs & gluten)  
Fresh Fruit  
Fruit Salad  
Yoghurt

Friday

Dish of the day  
Fish Fingers with Tomato  
Ketchup  
( contains gluten)

Vegetarian option  
Vegetable and Bean Cassoulet  
with Rice

Sides  
Chips  
Baked Beans  
Peas

Snack Choice  
Pasta Dish Of The Day  
( contains gluten)

Daily Salad Bar

Dessert  
Ice Cream  
( contains dairy )  
Fresh Fruit  
Fruit Salad  
Yoghurt