



HYPOGLYCAEMIC REACTION IN A DIABETIC CHILD

Staff are made aware that the following symptoms, either individually or combined, may be indicators of a hypo in a pupil with diabetes:

- Hunger
- Sweating
- Drowsiness
- Pallor
- Glazed eyes
- Shaking
- Lack of concentration
- Irritability

Procedures to be followed in the event of a hypo:

Immediately administer a fast acting sugar such as:

- Glucose tablet
- A glucose rich gel or sugary drink
- A chocolate bar

A slower acting starchy food should be given once the pupil has recovered, some 10-15 minutes later, such as:

A sandwich or two biscuits and a glass of milk.

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Reviewed by: Matrons
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