



# HYPOGLYCAEMIC REACTION IN A DIABETIC CHILD

Staff caring for a diabetic child are made aware that the following symptoms, either individually or combined, may be indicators of a hypo (low blood sugar) in a pupil with diabetes:

## **Symptoms**

- Hunger or thirst
- Irritability
- Sweating
- Drowsiness
- Pallor
- Glazed eyes
- Shaking
- Lack of concentration

## **Procedures to be followed in the event of a hypo:-**

**Each diabetic child will have an individual care plan outlining procedures to follow in the event of a hypo reaction.**

- Test blood glucose level.
- If less than 4mmols & the pupil able to eat & drink give 15gms of a quick acting carbohydrate ie Jelly babies x 2 or 150mls fruit juice.
- Retest after 15 minutes
- If blood sugar has risen then the child can resume activities once rested for 10 minutes.
- Retest blood glucose in one hour.
- If still below 4mmols repeat a further 15gms of a quick acting carbohydrate ie jelly baby or fruit juice.

- Suspend the insulin pump if the pupil has one until the blood glucose begins to rise.
- If pupil becomes drowsy & unable to drink but can swallow then give the hypostop or glucogel.
- Call an ambulance immediately.

At St Pirans hypoglycaemic kits are located with Matron, St Piran's Centre, Nursery, Reception & Extended Day.

**Review date:** July 2017  
**Reviewed by:** Matrons  
**Next Review Date:** September 2018