



15th January 2018

Dear Parent/Carer

This school year, we have been implementing the PSHE (Personal, Social and Health Education) Programme across our school called 'Jigsaw, the mindful approach to PSHE'.

The lessons, since September, have built on children's emotional literacy, self-esteem and knowledge of who they are and how they relate to each other and the world, in a positive and healthy way. We are sure you will have heard about the Jigsaw Friends and Calm Me time. There are two puzzles (units) about Relationships (unit 1) and Changing Me (unit 2).

The Changing Me Puzzle includes, in every year group, two or three lessons to help children understand the changes puberty brings and how human reproduction happens. There is a very serious safeguarding aspect to this work; obviously, the younger year groups are not looking at these issues directly and explicitly, but rather learning correct terminology for body parts and doing the foundation work for learning that will follow in later year groups. The Years 5 and 6 lessons look more fully at puberty and reproduction.

As the materials are new and original, we warmly invite you to attend a session at school on **Monday 22nd January at 7pm** in which we will give you a transparent and comprehensive picture of what we are planning to teach in which year groups.

We hope you will be in agreement with us that this work is vitally important for children, that it needs to be done age-appropriately and that the Jigsaw Programme gives us a secure framework in which to do this.

We do, as always, want to work in partnership with parents and carers, and also wish to remind you of your right to withdraw your children from this aspect of the PSHE curriculum. We hope you, like us, will see the materials in Jigsaw as educationally sound and beneficial to our children, and we look forward to sharing them with you and answering any questions you may have. Please indicate below whether you intend to come along and return to the office, or email schooloffice@stpirans.co.uk with the number attending.

Yours sincerely

Mrs Beverley-Kim Bailey
Head of RE and PSHE

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PSHE Information Evening
Monday 22nd January 2018

Name of child: Form:

I/we will be attending the meeting on Monday 22nd January.

Number attending:

Signed:.....